

## Feeding Hungry Children in Safe Community Environments

Child Nutrition Programs

Prepared Meals - School Year (CACFP)

Prepared Meals - Summer (SFSP)

## Prepared Meals - School Year

## a Portion of costs reimbursed through USDA funding



#### **CURRENT SITES**

- ▶ Wasilla Boys & Girls Club- Early Morning Breakfast & Afterschool supper
- ▶ Goose Bay Boys & Girls Club Early Morning Breakfast & Afterschool supper
  - ▶ Co-Occurring Disorders Institute Afterschool supper
  - Denali Family Services, Wasilla After school supper, Teen Groups
    - Sutton Library After school supper
    - ▶ Big Lake Library Afterschool supper
    - MatSu Health Services, Afterschool supper
    - Bright Minds Learning Center Lunch/Snack
    - Blood & Fire Food Pantry Afterschool Supper

#### **PLANNED SITES**

- Butte Afterschool supper
- Boys & Girls Club, Fairbanks Early bird breakfast, Afterschool supper
  - Big Lake Community Center Afterschool supper
    - Willow Community Center

The Number of meals we serve during the school year is 170 each day!

## Prepared Meals - Summer

## a Portion of costs reimbursed through USDA funding

### **CURRENT SITES**

- ▶ Boys & Girls Club, Wasilla Breakfast/Lunch/Supper
  - ▶ Boys & Girls Club, Eagle River Lunch
    - Sutton Library Lunch
    - Wasilla Public Library Lunch
  - Knik Tribal Council Summer camp programs -Breakfast/Lunch/Supper
- ▶ Denali Family Services, 2 locations Lunch & Evening Snack
  - Goose Bay Elementary School Lunch
    - Willow Food Pantry Lunch
  - Willow Community Center Lunch & Evening Snack
    - Big Lake Library Lunch
    - Big Lake Family Restaurant Dinner
      - John Bigge Lions Park, Palmer Lunch
      - Northridge Apartments, Palmer Lunch
      - ▶ Trapper Creek Summer Camp Lunch
        - ▶ Blood & Fire Food Pantry



The Number of meals we serve during the Summer is 460 each day!



## Backpack Program Plan

Across the country, teachers and school nurses have found that in some instances, Monday morning comes and they are forced to compete against hunger for the attention of their students. More than 6,000 of our children qualify for free or reduced price meals through the National School Lunch Program, the fuel that they need to get them through the week. What happens to these children when they go home over the weekend? We recognize the need for backpack programs across the MatSu and have a desire to begin this program during the 2017/2018 school year.

Pilot program will be launched at Iditarod Elementary



## **Team Resources**

Kids Kupboard has always been committed to using every dollar wisely and responsibly. Where ever possible we use donated food items, supplies and services. Our overhead is well under industry standard intentionally - as we strive to assure that funds are dedicated to feeding more children.

#### Staff

- Lynette Ortolano, Executive Director
- ▶ Heidi Wagner, Food Service Manager
- Piper Rasmusson, Kitchen Assistant

## **Community Partnerships**

Many children go hungry in our communities every day - a nasty and truly baffling fact. Fortunately, Kid Kupboard is working very hard to address this terrible reality. It's a tough job, particularly in difficult economic times of increased need and limited resources. We simply cannot stand idly by and ignore this situation - to do so would be irresponsible and in direct conflict with our values as a nonprofit.

To address this important problem, Kids Kupboard makes a point to partner with safe community site partners in the MatSu. The goal is as simple as it is challenging; ensure that EVERY CHILD has access to healthy food EVERY DAY. We deliver healthy, fresh meals to our local site partners who in turn, make these meals available to children in their afterschool and summer programs. Each of the partners we work with is unique, just like the communities we serve, and we wanted to take the opportunity to share their work. Without further ado, we would like to introduce some our friends in feeding children who have been identified at "at-risk" in our communities...

#### Denali Family Services, Wasilla

Denali Family Services serves children who require intensive behavioral health care services, their families and also individuals. Denali Family Services offers individual, family and group psychotherapy services in combination with intensive care coordination and rehabilitative services. The majority of the consumers served are children who experience mental illness. Denali Family Services serves an average of 250 consumers each month in Anchorage and the Matanuska-Susitna Valley areas. DFS maintains an active foster care program, licensing treatment foster homes, placing children in those homes and working in partnership with the foster parents and the DFS clinical staff to ensure the child is making progress toward his/her treatment goals. The foster care program accepts a number of placements of children in OCS custody who are returning to Alaska after receiving residential treatment in the Lower 48.

#### The Co-occurring Disorders Institute (CODI)

The Co-Occurring Disorders Institute, Inc., also known as CoDI, operates a compassionate not-for-profit behavioral health outpatient clinic for children and families in the Matanuska-Susitna Borough. In addition to individual and family clinic services, CoDI offers two family programs: Parenting with Love and Limits and the Strengthening Families Program. Lastly, CoDI provides Care Coordination Services for youth and families in the Kenai Peninsula Region. CoDI strives to help children and families move toward wellness.

#### MatSu Health Services

MatSu Health's Rehab Services program provides community support to both children and adults who are experiencing symptoms of a chronic mental illness or a severe emotional disturbance which is impacting their ability to function in multiple realms including family, school, or community. Case management and skills development services are provided based upon a functional assessment that identifies those services which will best meet a person's needs.

#### Next Step

Kids Kupboard is thrilled to be partnering with the amazing folks at Next Step as a work base learning site! Next Step for Students was created to help alleviate the enormous educational and social challenges faced by young adults with disabilities. Special needs support comes in various forms and can be delivered in such a way as to empower these young adults. Wanting to have the skills to maintain their lives and live alone or with a roommate requires special needs adults to seek out resources and special needs providers. From securing a job to help with renting an apartment, managing their finances and staying on a budget, cooking healthy meals and other social skills the Next Step staff provides the support these young people need. These young adults are learning useful skills in safe food handling and preparation, ordering, inventory, portion controls, safety and sanitation and documentation as they work side by side with us Monday through Thursday preparing healthy meals for kids in our communities.

# Projected New Sites/Programs

- Implementation of permanent indoor community feeding sites in low income communities in order to make healthy meals available to children year round in a safe community environment, with caring adults and enrichment activities onsite. Our goal is to include social enterprise opportunities with rental of the facilities. This will provide sustainability going forward.
- Fairbanks Boys & Girls Club, year round feeding program.

